



# The Carolian



Official Newspaper Publication of St. Charles Preparatory School

**QUICK NEWS:**

- *The Carolian* is now online at [stcharlesprep.org](http://stcharlesprep.org)
- The Cardinals are 4-1 in football after beating Sandusky 45-0, on September 25th.
- St. Charles welcomes Ms. Gerbig, Mr. Miller, and Colonel Breckenridge to the staff.

**INSIDE THIS ISSUE:**

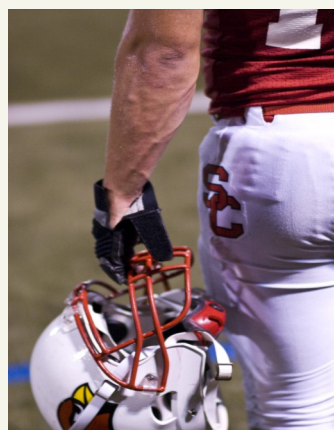
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**THE TOUGH KEEP FIGHTING:  
SC FOOTBALL 2009**

Patrick Ellison '10

Entering this football season, the Cards had the possibility, the prospect, and the promise of a long-awaited rapture into paradise. This was our year. Obama talked of change, and the St. Charles football Cardinals actually got the change that they have so long dreamed about: the prized and groomed new head coach, a savvy staff, one of the greatest athletes in the history of this school, and a matured and readied senior class that brought with it as much anticipation as the second season of "Fringe." Even the mascot was looking fresh! It was like Manifest Destiny on the gridiron, and God was leading our school to glory...

But Destiny seemed too perfect to be true; and it was. In a matter of minutes, the Cardinals got hit with reality, like a bullet to the heart. The loom



**John Mackessy, #12, displays the guts and glory of Saint Charles football.**  
Photo courtesy of Steven Turville

ing storm overhead just foreshadowed the devastating blows that would be suffered by the team. By the time Monday rolled around, the Cards not only soundly lost the

opener, but more tragically lost, for the year, the three-year warrior and touchdown machine, "The Fact", Michael Ryan. The following week, even a victory over state-runner-up Eastmoor Academy was thrown on the back burner when it was discovered that the boot on Junior phenom Jourdan Wickliffe's foot would not be coming off for a very long time. The party was over. The parade was called off. All hope was lost.

But where there's a will, there's a way; and the St. Charles Cardinals have decades of will built up, and are not about to let it be taken down without a fight. And as we soon found out, it's not about the size of the dog in the fight; it's about whether the smaller dog was stashing a blade in his sock.

*Football continues on page 4*

**THE CAROLIAN IS ON-LINE**

Alexander Coccia '10

This marks the inaugural issue of the web-friendly version of *The Carolian*. All issues of *The Carolian* will now be on the St. Charles website, granting easy access for students, parents, and alumni.

The PDF format makes it easy for the viewer to read the paper or print it out at home. Sports articles and other time-sensitive materials will be uploaded to the St. Charles website before the next issue, so that the reader will not miss out.

Please visit [stcharlesprep.org](http://stcharlesprep.org) and click on the tab for *The Carolian* to check it out!

## NEW TEACHER SPOTLIGHT: MS. GERBIG

Jack Powell '13

This year, we have a new freshman English teacher here at Saint Charles. Her name is Ms. Gerbig. St. Charles is honored to welcome Ms. Gerbig as the new freshman English teacher. Ms. Gerbig grew up in Upper Arlington with three sisters and one brother. She attended Upper Arlington high school and later went on to attend Tulane University for her undergraduate degree in English philosophy and German. She then received her graduate degree in Literature and Education from American University and George Mason University. Her loyalties rest with Ohio State, however, because she has a golden doodle puppy, named Beanie, after Beanie Wells. Ms. Gerbig has wanted to be a teacher since she was a child. She said, "I keep coming back to it because it is the only profession I would still do if I were not paid. I love literature and changing the lives of so many." Her favorite part of teaching is seeing improvement and success, while her least favorite part is waking up at the crack of dawn. She tries to

help her students find their passions and to make the material relevant to their goals. She also said jokingly, "If helping to find their passions does not work, I make them do push-ups!" Her teaching style consists of striving to make lessons relevant and motivating students to produce their best, most original work. Ms. Gerbig has high expectations, but is pretty easy going. She moved to Columbus to be near family and sought out the best academic schools in the area. She chose Saint Charles for its reputation and dedication to teaching the whole child. She enjoys teaching at the high school level because she enjoys being a mentor for young people and making them into successful adults. Along with teaching high school English, Ms. Gerbig has taught college writing, world civilizations, AP Literature, and Women of Literature. She has taught in Maryland, Virginia, and Washington, D.C. When asked to describe herself in five words, she chose: curious, intellectual, ambitious, judicious, and affable.

She sees herself in ten years married, with two children, teaching, and travelling the country for book signings for her best-selling novels. Her goals for the year are to inspire her students to want to learn, try their best, and see the value in what they have learned, and to instill the necessary skills to continue succeeding at Saint Charles and life.

*"She chose Saint Charles for its reputation and dedication to teaching the whole child."*



Ms. Gerbig in her new room, 308.  
Photo courtesy of Aaron Ault

## ST. CHARLES WELCOMES MR. MILLER

David Fruhling '10 and Alexander Coccia '10

Mr. Robert Miller is St. Charles' new librarian. Mr. Miller was raised in Columbus, Ohio and attended St. Charles from 1963-1969, attending four years of high school and two years in the seminary college. Mr. Miller, who has taught and worked

in libraries for the previous fourteen years, heard about the opening at St. Charles from a friend whose son attends the school. Mr. Miller, an avid fan of non-fiction and biography, loves giving suggestions to students about reading for school projects and papers, and for leisure. Although he is still learning the current tradition and system at St.

Charles, his previous experience has given him a head start at helping students so far this year. Mr. Miller views the Holy Angels Library as a place to leave all worries at the door, and to enter with a calm that will help fulfill any looming projects or homework assignments.

Miller is continued on page 3

*"Mr. Miller views the Holy Angels Library as a place to leave all worries at the door."*

## COLONEL BRECKENRIDGE: SC GUIDANCE

Sam Powell '11

This year the Saint Charles Faculty is seeing some new faces, one of them being Colonel David Breckenridge, who is serving as an admissions officer for Saint Charles. Colonel Breckenridge was born in Independence, Missouri. His father was a Christian missionary and he spent significant portions of his early childhood in the French Polynesian islands. Each of the mission trips on which his father went lasted for about three years, and Colonel Breckenridge's office wall is covered in assorted artifacts and souvenirs from the trips.

While attending Joplin High School, Colonel Breckenridge followed his interests and was actively involved in multiple different music programs. From the choir to the marching band, and from the school orchestra to the jazz band, he showcased his musical abilities with his voice and on the piano, cello, and trumpet. After high school, Colonel Breckenridge went on to study music at the college level, graduating from the Cincinnati Conservatory of Music with a Masters Degree in Music and Public Administration. Colonel Breckenridge spent thirty-five years in the United States Air Force Reserves, where his duties included handling cargo and working with the

flying components of the aircrafts. Drilling took place during the weekends, and Colonel Breckenridge participated in special missions to places such as Korea, Italy, Alaska, and England. In addition to the Reserves, he also spent six years in active duty.



**Colonel Breckenridge  
outside the guidance office.  
Photo courtesy of Zack Muehlbauer**

When asked what attracted him to Saint Charles, Colonel Breckenridge replied with multiple reasons. While he worked at the admissions office at Ohio State University in Newark, Saint Charles stood out as a place that fostered academic fortitude. Convinced that it was an ideal learning institution, Colonel Breckenridge sent his son, Christopher '01, to Saint Charles. As he was reflecting on his son's time at Saint Charles, Colonel Breckenridge said that in the end he was very satisfied with his

son's education and is impressed with the school's academics, faculty, and ability to prepare students for a college education. His son received an undergraduate degree in Biology from Ohio State University and is currently studying Medicine at OSU.

In addition to OSU in Newark, Colonel Breckenridge has worked with the admissions services at the United States Air Force Academy. He said that during the admissions process he, along with other admissions officers, looked into a potential student's leadership experiences, athletic challenges, strong values and morals, work ethic, and most importantly, academic preparation. Colonel Breckenridge feels that these qualities are especially present in Saint Charles graduates, and that the school does an outstanding job at preparing its students for the challenges they will face at the college and university levels, including at any of the other branches of the service academies. "A focus on strong academics is important in order to prepare for college," Colonel Breckenridge said, "And the time you invest at Saint Charles will pay so many dividends." He also mentioned that in the end, "education is never wasted. If you recognize the value in education it will pay off."

## MILLER, FROM PAGE 2

Mr. Miller attributes much of this to the architecture of the library: "The art and architecture are magnificent. It's almost like taking a free trip to Europe. It features Romanesque architecture, Byzantine and French Renaissance painting and fresco work, and gorgeous, original stained glass windows from 1925." The great thing about Holy Angels Library, according to Mr. Miller, is its wealth of



**Mr. Miller inside Holy Angels Library.  
Photo courtesy of Aaron Ault**

resources for research and reference work. There are college papers, newspapers, and a variety of on-line sources of which students have yet to take advantage. Mr. Miller hopes to help the students of St. Charles use the library to its full potential. Welcome back to St. Charles, Mr. Miller!

## CARDS WIN CCL, SWING FOR STATE'S

Andy Hof '11

For the first time since the 1997 season, St. Charles has won the Central Catholic League Golf title. And Watterson did not. After a long streak of championships from 1991-1997, the Cardinals hit a rough patch in the CCL, while the Watterson Eagles won it for 11 straight years. Last year, the Cards and Eagles tied for the championship, but this year something was different. Behind the strength of Seniors Andrew Steffensmeier, John Paul King, and Matt Kinkopf, Juniors Alex

Carpenter, Michael Ricaurte, and Daniel Wiegandt, and Sophomores Nate Yankovich, Austin Cuervo, and Matt Moosavian, the Cardinals brought home a championship. Now the Cardinals are focusing on bringing home an even better trophy to St. Charles: the State Championship. Starting with Sectionals October 6<sup>th</sup>, the Cards will compete against some of the best teams in the state for the chance to play on Ohio State University's Scarlet

Course for the Championship. Over the course of the season, SC has played some of these best teams, with some pretty good results. The Cards have dominated Watterson all season, winning by 20 strokes on multiple occasions. Also, we have consistently topped Dublin Jerome, and were within one stroke of the lead against Cleveland St. Ignatius at the St. Charles Invitational September 5<sup>th</sup>.

## FOOTBALL, FROM PAGE 1

As it was soon revealed, the Cards had a blade, but not just any old blade... They were packing a Bonesaw. Stephen "Bonesaw" Lutter has catalyzed the rebound of the St. Charles football spirit like the mighty Gandalf overcoming death and riding over the horizon to come and save all from death and despair. And save us he has. When in an offensive rut in a hostile Beechcroft scene, it was Steve Lutter who broke through the line and drove the team down the field for the touchdown. When the game was nearly over and defeat was staring the Cards in the face, it was Steve Lutter who switched sides of the ball and stripped the quarterback and caused the fumble that led to Jay Schroeder's game-winning twenty-seven yard field goal with less than two minutes remaining. And when the St. Charles faithful were needing a morale boost to send the season back into overdrive, it was Steve Lutter who brought back the fire with an awe-inspiring exploitation of the Marion

Harding defense, rushing for 184 yards, 3 touchdowns, and earning himself and the St. Charles name a spot on the Top Performers of the Week in the *Columbus Dispatch*. Steve Lutter is running over the state of Ohio like he's the king of the world, like he's the greatest.



Photo courtesy of Steven Turville

But Steve has not been the only Cardinal who has stepped up his performance in the trying times. The veteran O-Line has been making fools of lesser beings who have the misfortune of crossing their paths. Senior Vinny

Spahr and junior Dane McLoughlin have adapted to the loss of "The Fact" to give quarterback Shane Bauman some prime options in the air. Sophomore Gunner Francis has made a name for himself with some flashes of flair in the kick return and some tailback play. Seniors Rob Dejaco and Jake LaFleur have been making wide receivers wary of getting too close with their big hit reel they have showcased all season. President David Kenney has even fought off the hand of death after overcoming The Great Swine Flu, only to return and end lives of running backs, just like business as usual. Once again, the Cards are poised to make a run at history. If destiny holds its course, Stallion blood and flesh will very soon be cast upon Cardinal turf in ruthless, menacing death of which, even the Great William Wallace himself would be proud.

"THEY MAY TAKE OUR LIVES;  
BUT THEY WILL NEVER TAKE OUR  
FREEDOM!!!!!!!"

## REBUILDING SOCCER TEAM LOOKS TO SCORE MIDSEASON

Osaze Udeagbala '11

Hard work is the theme of this year's varsity soccer team at Saint Charles. Hard work and dedication paid off for last year's squad under the instruction of head coach Rick Ey. The team had a remarkable record and was able to make it to the state playoffs. The Cards graduated a small group of very talented and experienced players, including Anye Ngalla and Dominic Mascia. However, the team remains optimistic about this season. "We lost a lot of experience," Ey said, "but we've got some hard working seniors."

The 2009-2010 season brings with it a fresh set of talented freshmen, such as Alex Polko and Daniel Huss, who are both playing on the varsity squad. These young players look to improve their skills as they become accustomed to their Saint Charles schedules. "It can be overwhelming work," said Huss, "but it's an honor to play on the [varsity] team." As Cardinal Soccer enters the middle of its season, the varsity team anticipates a challenging schedule, facing

tough opponents such as DeSales and Olentangy, both of whom also went to the state playoffs last year and are returning a strong top eleven. "The [Dublin Scioto] game will be a good indicator of how we do this season," said Ey. "We'll see what happens." The Cardinals proceeded to tie with Dublin Scioto, 2-2.

## WATER POLO LOOKS TO CAPTAINS FOR HORSE POWER

Alexander Coccia '10

"We were the worst team last year," coach Geoff Gear said with a laugh. Fortunately, the only way to go is up. And up, the St. Charles water polo team has gone. Currently the varsity team is 8-5, and JV is an astounding 11-0. Varsity placed second in the Ohio Cup this year (last year they were last), beating the defending state champs of Milford. Coach Gear attributes the improvement to the leadership of Senior captains Sam Kocher, Kevin Coppel, and Corey Taylor. The leadership and commitment shown by the captains have changed the attitudes of the rest of the team, to

one of confidence that they are indeed a team that will invoke fear in the competition. Water Polo, coach Gear states, is great because it is a combination of many different sports: the physical nature of football, the social component of any team sport, the goal strategy of soccer, and the ball skills of basketball. Most important to captain Sam Kocher is the team aspect of the sport, because swimming itself is individual, and the "motivation helps bring the team together." When asked about his dream for his

Senior year on the Water Polo team, Kocher said that he wants to be a serious contender at the state tournament. With the leadership shown by the captains, St. Charles has a serious shot at fulfilling Sam's dream.

*"Attitude reflects  
leadership."*

## CROSS COUNTRY LOOKS TO OUT-RUN OPPONENTS

Evan Cleary '12

When the leaves begin to change colors and the temperature begins to drop, most Americans will tell you that it is time to play football. However, for select few individuals, it's time to run. St. Charles cross-country is back this year and ready to take a CCL title. Led by coach Damien Brandon, the Cards are looking better than ever. Chris Quinn, Eric Niemeyer, and Andrew Zaksheske look to have a very impressive year as the Cardinals roll through the 2009 season. On Saturday, September 19<sup>th</sup>, Quinn showed his speed, endurance, and athletic ability as he ran the 5000 meter run in 16:27.52.

The amount of talent on the team looks promising, and the Cards should be very successful in the 2009 campaign. For those who don't know, cross-country is a sport where one runs five kilometers, or 3.11 miles, through open or rugged terrain. Stamina, strength, and speed all play an essential role on how successful a runner can or will be.

This year, the freshmen were not the only first-time runners that showed up in the summer to train. Some sophomores and juniors came this year for the first time, some because they wanted to stay in shape, others be

cause they wanted to have fun, and some just because they didn't want to play football. Whatever the reason, cross-country appears to be quickly becoming one of the popular fall sports here at St. Charles.

The remaining schedule:

Sat. Oct. 3- Erin Nance Invitational- London Country Club 9:00 a.m.  
Sat. Oct. 10- Les Eisenhart Invitational-T.W. H.S. 11:15: a.m.  
Sat. Oct. 17- **CCL Championships**- TBA  
Sat. Oct. 24- Districts- Watkins Memorial H.S. TBA  
Sat. Oct. 31- Regionals- Pickerington No. HS TBA  
Sat. Nov. 7- **STATE MEET**- Scioto Downs TBA

## THE HEALTH CARE DEBATE

## THE CASE FOR HEALTH CARE REFORM

Greg Lindsey '11

After a long, hot August sound tracked by the angry shouting at town halls across the country, Congress has returned to Capitol Hill. The issue *du jour* is health care reform. This is President Obama's flagship domestic initiative and its passing could make or break him and his presidency. He has recently stepped up his participation in the debate with a speech to Congress and speaking with the seminal news program *60 Minutes*. The rationale for reform of our health care system is quite simple. Prices for health insurance and care have sky-rocketed, while more people are left uncovered. From 2000 to 2007 health care premiums for families have risen 78%, while in that same period wages have only risen an average of 19% and the inflation rate for that period was 17%. Among developed nations in 2007, America spent 160% more per capita than the next highest spending nation. Meanwhile the amount of Americans covered by health insurance from their employers dropped from 65.2 % in 2000 to 59.7% in 2006 with the number only continuing to drop. Health care is a necessity in our times and if these trends continue then quality health care will be available to only the most wealthy and elite of society. Quality health care is a basic human right, not a privilege afforded to only the highest echelons of society. The government has a responsibility for the well-being of its citizens and the time has come for it to step in and make health care readily available and affordable to all. With an estimated 14,000 American citizens losing health insurance daily, every day the government delays reform is another day 14,000 citizens will lose their insurance. The current objectives of health care reform are to combat these two problems. The current house bill will impose extra taxes on large businesses that refuse to offer health care to their employees, which incentivizes employers to provide insurance to their employees and therefore will hopefully reverse the trend of more and more Americans not being covered by their employers. Also the government is currently sponsoring portability, which is the ability for a person to take their health insurance company with them when they switch jobs.

The current house bill would also expand Medicaid and State Children's Health Insurance, programs that provide health care to the poor and needy at reduced or no cost to them. A large component of lowering costs is the individual mandate. The individual mandate would make everyone obtain health insurance in some form. This lowers costs for everyone because hospitals and doctors will not go without payments for treatments and procedures. When doctors and hospitals go without payment for a service they provide then they must raise the prices for all their paying customers.

The government also hopes to set up a "public option". The public option would be an independent, non-tax payer funded, non-profit organization which would offer affordable health care to American citizens. Having a public option would force the private insurance companies to lower prices to compete, which would make health care more affordable for the general populace and prevent price gouging by the insurance companies, which now have roughly six percent profit, about double their average profits in the 80s and 90s. The government would institute new regulations on the insurance agency as well, which would keep companies from refusing coverage to people with pre-existing conditions. Health care reform is one of the most pressing issues in America today. The government must step in to protect the health of all its people. The status quo must be destroyed. Health care should no longer be a privilege available only to those who can afford it. It is a basic human right extended by a government to all its citizens. America tries to set an example for the rest of the world. It sanctions countries that violate the human rights of their citizen while it routinely denies the basic human right of health care to those in the society who need it the very most. It is time for this hypocrisy to come to an end.

## THE HEALTH CARE DEBATE

### THE CASE AGAINST HEALTH CARE REFORM

Andy Hof '11

The health care debate has been raging in our country for many years now, and now that Congress is back in session, our country as a whole needs to take a more serious approach to it. Universal health care, which implies that everyone can get coverage at a rate that they can afford, is not something that should be run by the United States government. This country was founded on principles. The requirement to have the rest of the country pay for a smoker's lung cancer treatments or a drinker's liver cancer treatments is not one of them. It is estimated that 70% of health costs are incurred because of human behavior. That is to say, people making bad decisions that end up actually causing them pain. The stupidity of one person should not force another to pay for the original person's hospital costs. People who cannot afford health care should be helped by the government to get jobs so they can pay for their health care; health care should not just be given to them at the expense of others. It is understandable that there are millions of Americans without any health care, and it's also understandable that of those millions there are quite a few people, maybe even the majority, who do not fit the mold of a lazy, unemployed person. But it's safe to say that most of them are not gravely sick and when they are, they have some access to medical care. The Emergency Medical Treatment and Active Labor Act provides medical care to those who are in dire need of it.

Many reports have it that an estimated 14,000 people lose their health insurance every day. Does this mean that by the year 2068 not a single person in America will have health insurance anymore? No, it does not. Numbers like that only represent the trend of the time, and as we are now emerging from an economic crisis, it is quite probable that a significant number of the people who lost their health care during the recession will soon gain it back in full. If a universal health care law is passed, hospitals and emergency rooms would become incredibly overcrowded, while many non-profit clinics that currently serve people who financially need them most will have to be shut down because the care provided there is perceived to be of a lower quality. If overcrowding occurs, the rising need for doctors will increase exponentially. For college students interested in medicine, this might sound like good news.

But it isn't. More doctors means hospitals need to come up with more money to pay for their mounting salaries, which, with the United States government running things, will not happen. The government already is in heavy debt, and the last thing it wants to do is pay the high salary of every doctor in the country. That means that doctors will have to take massive pay cuts, and still work as much or more than they did when they were making their original salaries. Some students who thought becoming a doctor and going through seven years of college were a good idea are now deciding it's not. This in turn means hospitals will be overcrowded, with the same amount of doctors, forcing poor health care on those who have had their own quality healthcare for years.

Generally, there are millions of people out there who do need health care. However, America was set up to be a completely Capitalistic country with not much government interference with things unrelated to the government. It is not nor has it ever been the government's job to keep you from contracting and treat you for HIV or H1N1. The fact of the matter is, the country has survived for more than two hundred years without a universal health care system, and it will continue to survive without it. If the government takes over for private corporations to help correct health care, what is stopping it from taking over the film industry and forcing Steven Spielberg to make propaganda films? A government that gives itself the authority to take away business from companies that have done nothing wrong is Socialist. The government should be concerned with getting rid of its massive debt and being a better government, not being a better health care provider than, say, the Ohio State University Medical Center or Children's Hospital. The United States as a whole is not the same as Canada, Great Britain, or any other country in the world. Why should it conform to European ideals of Socialism? Health care costs are rising globally, not just in America. So should our government fall deeper into financial peril or should it stick with the status quo, which has at least gotten us this far?

## COACH TRESSEL'S ULTIMATUM

Will Ryan '10

Over the past three seasons, the Ohio State football team has performed poorly in the national spotlight. The Buckeyes have developed a reputation as a team that cannot win the big game. There are many reasons why they have struggled, but none bigger than the man in the sweater vest, Jim Tressel. For too long Jim Tressel has run a very conservative offense that does not score enough points. Tressel relies too heavily on his defense and his special teams. If the Buckeyes struggle on defense, they have no shot at winning. Recently against Southern Cal, the defense gave up one drive the entire game and still the Buckeyes fell. Instead of trying to score touchdowns, Tressel wants to kick field goals and pin the opposition deep in their territory with the hope that the opponent's offense will turn over the ball. This strategy may work against terrible Big Ten teams, but it does not work against elite competition. Although Jim Tressel may be one of the country's best recruiters, he wastes Ohio State's talent with his terrible game plans. Ohio State Athletic Director Gene Smith must deliver Jim

Tressel an ultimatum: find an offensive coordinator, or find a new job. At quarterback, he has one of the nation's best athletes in Terrelle Pryor. Pryor is a physical specimen at 6-6, 240. He is a great runner, and his passing skills are headed in the right direction. However, Tressel would rather run the ball up the middle as much as possible, and only pass when every person in the stadium knows it is coming. With Pryor at quarterback and a never ending pool of talent at wide receiver, Jim Tressel could easily find a strong offensive minded coach who would love to call the plays for the Bucks. Unfortunately, this will never happen. Coach Tressel wants to take delay of game penalties so his punter has more field with which to work instead of kicking field goals or going for it on fourth and short. Tressel is too stubborn to replace his "offensive coordinator," Jim Bollman, who is really just the offensive line coach. The Vest will continue to win most of his Big Ten games, but he may never beat another team with as much or more talent than Ohio State the rest of his career. The biggest win of Tressel's career, the 2002 National

Championship game, was against a Miami team that was no better than Ohio State. Every Buckeye starter, as well as many key reserves, signed at least one NFL contract. Since then, the Buckeyes have beaten inferior teams from Kansas State, Notre Dame, Washington, Texas and a host of others. Some argue that the six game win streak against Michigan makes up for everything else. Michigan has not had one team even close to the Buckeye's caliber during that time span. The Wolverines' best squad of the decade, in 2006, was pummeled in the Rose Bowl by USC after losing to Ohio State. Ohio State has managed to lose every game they have played against a quality opponent other than Miami. They have lost close games that they should have won against Texas, Penn State (twice), LSU, Illinois, and most recently, USC. They were also embarrassed against Florida and USC. This season will end like the last three: the Buckeyes will win the Big Ten and end up in another BCS game. Hopefully, the Buckeye's talent will overcome the coaching and they will emerge victorious.



Coach Tressel runs off the field after this season's loss to USC. Photo courtesy of cleveland.com

*"Gene Smith  
must deliver Jim  
Tressel an  
ultimatum: find  
an offensive  
coordinator, or  
find a new job."*

## SAINT CHARLES STUDENT SECTION

Alexander Coccia '10

With all the excitement that football has brought to St. Charles this year, the Student Section, led by its outstanding Seniors, like Chris Meleca, Paul Wiesenbach, Nate Shremshock, and Robert Panda, is determined to foster that excitement in its many cheers, and amazing school

spirit. With three home games thus far, it has all been leading up to this Destiny Week, which finishes up on Friday with a home game against that school on Karl Road.

For the St. Charles Student Section, it just means that the heat must be raised, the cheers must be louder, and the intensity must be strengthened so

that nothing, absolutely, nothing, can bring it down. The game is four quarters, and so the St. Charles student plays for the full four quarters. Even football star Justin Stumph expressed that the St. Charles student section could be the difference in the game against the ponies from Karl Road.

SCSS continued on page 9

## SCSS, FROM PAGE 8

So far, the themes for the Student Section have been a red out against Ursuline, pajama night against Eastmoor Academy, and a black out against Marion Harding. Students must listen to the SCSS leaders this entire week for information about the theme. Truth be told, that school on Karl Road, has no clue what is coming — either on the football field, or in the stands.



The SCSS leads a black out in the victory against Marion Harding. Senior Robert Panda proudly waves the school flag.

Photo courtesy of Steven Turville

## WRESTLING GIVES STRENGTH FOR MMA

Kevin Cook '10

MMA, mixed martial arts, is becoming one of the biggest sports around today. MMA is a sport in which fighters train in multiple martial arts and compete against other trained fighters. The first MMA competition was held in 1993, hosted by the Ultimate Fighting Championship organization better known as the UFC. In the beginning, the UFC was formed to find out which martial art was the best. A tournament was set up with experienced fighters of boxing, wrestling, judo, taekwondo, judo, and other martial arts. Fighters were not divided into weight classes and there were no limitations on the fighting. This presented an opportunity for many competitors in the various martial arts to showcase their skills. In the end Brazilian jiu jitsu, or BJJ, emerged as the dominant martial art. The winner of the first tournament was Royce Gracie, who was much smaller than his opponents. He used his advanced submissions and ground game to defeat his opponents. This style of fighting worked and made the Gracie family the most famous family in the history of MMA. Because of the sensation that Royce Gracie became, fighters began to cross train in multiple martial arts to strengthen their ground games. The sport continued to develop and more rules were made making MMA what it

is today. In most fight organizations now, such as the UFC, they have weight classes: lightweight-155lbs; welterweight-170lbs; middleweight-185lbs; light heavyweight-205; and heavyweight-206-265lbs. Fights today are separated into multiple five minute rounds. Rules on the actual contact have been established to protect the fighters. Biting, groin shots, eye gouging, and blows to the back of the head, have been eliminated. While striking has always been a major factor in MMA, the ground game is still highly respected. Many fighters today started as high school wrestlers and naturally developed into MMA fighters. For example: Randy "The Natural" Couture, Matt Hughes, Dan Henderson, Brock Lesnar, and Mark "The Hammer" Coleman. Randy Couture is a former light heavyweight and heavyweight champion. He was also a high school state wrestling champion in Washington in 1982. Matt Hughes was a two-time high school state champion in Illinois in 1991 and 1992, and is a former welterweight champion. He is known as the most dominate welterweight champion, this is because of his superior wrestling ability. Mark Coleman is a NCAA champion from Ohio State and a former UFC heavy weight champion and Pride 2000 open weight Grand Prix champion. Coleman is known as the,

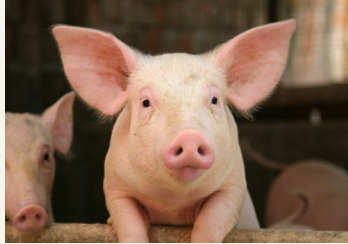
"Godfather of ground and pound." He earned this title from his dominating wrestling skills. These are multiple examples of how wrestling is one of the best backgrounds for a MMA fighter. Wrestling gives you mental strength no other sport can give you. When you compete in wrestling, you are the only one on the mat, your proving ground, everyone is watching you. If you make a mistake, it's your all on you and you have to live with that and grow from it to become stronger. Another aspect of fighting and wrestling is cutting weight. Competitors cut weight in order to gain a size and strength advantage over their opponents. Fighters who have wrestling backgrounds are the best at cutting weight because, they have the mental strength to meet their goals, fight through the pain and they've done it before, it's nothing new to them. Wrestling will make you a stronger person mentally and physically. It takes a lot of dedication and hard work, and it's not for everyone. But those who think UFC and MMA is interesting and think they could or would want to do they should start with wrestling. Wrestling preseason lifting and open mats have already started for the St. Charles team. Schedules are posted in the locker room.

## SWINE FLU AND THE SWINE INDUSTRY

Roderick Stitzlein '11

The H1N1 virus (dubbed "Swine Flu") is harming more than just those who are infected with it; farmers that raise hogs for a living are also feeling the effect. The epidemic has put fear in the eyes of a number of people, causing an aversion to pork products. For many years hog framers have been working towards turning larger profits in what was a very demanding market, but since the outbreak of H1N1, profits have plummeted. The drop in demand for pork is attributed to the misconception that the virus can be contracted through the consumption of the meat. For many farmers this has caused massive losses in profits, and has caused many to quit the business. One farmer who is weathering the storm is Jim Heimerl, owner of Heimerl Farms Ltd. based in Johnstown, Ohio. Heimerl Farms conducts a very large hog operation and sells 350,000 hogs annually to be processed and sold at the market. With such a huge number of hogs sold each year, the sudden drop in demand can significantly harm the operation. When asked about how serious of a matter this is, Mr. Heimerl stated, "As a Johnstown hog farmer and vice president of the Ohio Pork Producers Council, I take the H1N1 issue very seriously. The CDC and the

U.S. Department of Homeland Security agree: The virus has no connection to pigs and should only be called by its strain, H1N1."



**Many pork businesses have gone out of business.**  
Photo courtesy of [littlepackrats.com](http://littlepackrats.com)

Mr. Heimerl was also asked about the safety of pork and had this to say, "Concerns about the safety of pork are unfounded, and yet the misinformation about the H1N1 virus continues to spread. Much of that spread has occurred because of the pervasive misuse of the 'swine flu' name. Despite the fact that health and food experts alike have definitively stated people cannot be

exposed to this virus from eating pork products, overall pork consumption has fallen since the virus was found." With every farm, there is always the question of how to prevent disease within the hogs, and how the consumer knows the pork they are eating is in fact safe to consume; Mr. Heimerl addressed this issue as well, "Ohio's 4,000 family hog farmers are committed to producing safe, wholesome, high-quality pork for customers, which means ensuring the health and well-being of our herds and following strict biosecurity measures on our farms that keep hogs protected from disease." Hearing from just one of Ohio's many pork producers shows how the hardship currently being placed on farmers is harming the industry. Mr. Heimerl says he will stay in the hog business, and keep advocating to the nation how much of a burden the H1N1/"Swine Flu" misconception is to the national hog industry. Government Officials Agree: You CAN NOT get H1N1 flu from handling or eating pork! For more facts about the H1N1 flu, visit [www.cdc.gov/H1N1FLU/](http://www.cdc.gov/H1N1FLU/).

## SENATOR KENNEDY'S SENATE SEAT

Alex Tishko '11

Since the passing of Massachusetts Senator Edward "Ted" Kennedy in late August, one of the many unanswered questions in the polarizing political figure's absence is the matter of his now vacant Senate position. As the debate over Universal Healthcare escalates and opposition grows, Senate Democrats have begun pushing for an Interim or "caretaker" Senator more vigorously, to regain the necessary 60 Senate Seats allowing them to override any Republican opposition. The Senate of Massachusetts has already drafted a bill to counteract current laws prohibiting such an appointment. The procedure and debate surrounding the appointment of an interim Senator is com-

plicated. The largely Democratic State Senate of Massachusetts changed the law on the subject in 2004 after then Governor Mitt Romney attempted to appoint a member of his own party, similar to what is trying to be done now with Kennedy's vacant seat. In order to grant the Governor the right to make such an appointment, the Senate of Massachusetts would have to contradict its own law, which has been a point of great criticism in the recent debates. President Obama has taken a personal interest in the matter, having discussed the process for a Senate appointment with the incumbent Massachusetts Governor Deval Patrick (D). The staggeringly outnumbered Republican office holders in the Massachusetts State Senate have managed to utilize

the law allowing for a postponement of the voting on the proposed bill, but at such a severe disadvantage, the likelihood is low that the bill will not make it through the Senate. The vacant seat's potential on a national level is crucial in the raging debate over healthcare as well as bipartisan negotiations, which may become obsolete if the Democrats regain such a majority as to prevent a Republican filibuster. In the coming days, all eyes will turn to the appointment process in Massachusetts and debate will undoubtedly rage between a potential interim officeholder and the impact he or she will have on the Universal Health Care controversy.

## AS CYO SEASON NEARS, ATHLETES PREPARE

Jason Obergfell '13

For many people, fans and parents among them, football season is a time to enjoy watching athletes compete and compare their ability to that of their opponent. For the athletes themselves, it is a time to prepare for the real showcase. This showcase is known as CYO, or Catholic Youth Organization. The CYO is a basketball league in which only the best are allowed to play. Many star players who have played for the St. Charles basketball teams in the past have decided to play in a league where their talent will be recognized by the biggest and best college programs. Among these superstars are St. Charles' finest, Jordan and Justin Stumph. A few other notable CYO players from St. Charles include Stephen Lutter, the hero from the Marion Harding game and a St. Timothy 12<sup>th</sup> grade team player, Jake LaFleur, St. Brendan, 12<sup>th</sup> grade team, and Joe O'Brien, 11<sup>th</sup> grade, St. Timothy (Joe is a first year CYO player who will be a key addition to a team that has been to each of the last two CYO championships and lost a total of 3 games in those years).

Dustin Obergfell, a freshman at St. Charles and full time player on the freshman football team says, "I'm looking forward to CYO like nothing else. If CYO is even close (to the level of play) to what I played in last winter (LeBron James' ABCD All-America SuperStar League), then it's going to be great." When asked what player he hopes to emulate the most this year, the 5' 4" Obergfell said, "Dallas 'D'Lau' Lauderdale, except I'm going to score more points." Conor Feldmann, a veteran CYO player and former JV basketball player who played under current varsity coach, Mr. Jacob Daniel, said that last winter robbed him of a shot at eternal glory. "That's completely accurate," said Feldmann when told that's what he missed out on. "CYO is the real deal," he said, "I have to be in top shape for the season so after football practice I usually run about 13 miles. This year, we had a couple of our smaller guys grow a few inches since last winter. Teams already know about our ability to shoot the ball from beyond the arc. Now they're going to have to respect the shooters and that's going to open

up the paint where a couple of our guys can drive it (to the basket). Unlike in years past when we had some troubles defending the post, we gained a few inches since last year and we'll also do some full court pressure to take advantage of our quickness." Conor sent these words via text message this weekend prior to one of his thirteen mile runs. While the talent level far exceeds that of those one might find at an All-America camp, the rules restrict and keep these boys from showing their true potential. For instance, a rule states that any player who dunks the ball will be assessed with a technical foul. Since it is very unlikely that a player will actually dunk due to the competitiveness, no one is certain whether or not they will be penalized.

Although the beginning of the long-awaited season is still a few short months away, CYO is already the talk of the basketball world. One might think LeBron James' possible move to New Jersey after this season would be, but that one has never seen the intensity and power of a CYO game.

## SEPTEMBER'S ROCK NEWS

Christian Fisher '11,

Cameron Murphy '11, and

Greg Lindsey '11

It's that time again: the time to put our pencils to paper, time to put our hands in the air to answer questions, and time to put our foreheads against the desks in study hall for a quick nap. As we diligently work and happily show up to school five days a week, it becomes more and more difficult to listen to music and stay current with all the new songs, concerts, and albums coming up. This condition is called "music news deprivation". So, in order to help you, the students of St. Charles Preparatory, keep from falling ill to this terrible disease the brilliant minds of

*The Carolian* figured out how we could help to end this crisis of musical ignorance. Here are some rock updates and upcoming events for the students of St. Charles: Everyone's favorite rock icons, The Red Hot Chili Peppers, are heading back to the studio to record some new music this coming October. Their gnarly new album should be in stores August of 2010. Due on September 22<sup>nd</sup> are new albums by the bands Three Days Grace and Pearl Jam, which should be very good as indicated by their publicists (go figure). On the 29<sup>th</sup>, a bunch of new albums

are coming out: some noteworthy selections include everyone's favorite chick band, Paramore, the alternative-metal sensation Breaking Benjamin, grunge legends Alice In Chains, and even the classic southern-rock band Lynyrd Skynyrd. Upcoming concerts in Ohio include Westerville natives Attack! Attack! at the Grog shop in Cleveland on September 24<sup>th</sup>, Secondhand Serenade at the Newport on the 27<sup>th</sup>, the classic rock band Kiss at the Cleveland Quicken Loans Arena on the 28<sup>th</sup>, and the screamo-metal band All That Remains at The House Of Blues on the 29<sup>th</sup>. Until next time, may rock be with you!

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